



Glamorgan Vale State School

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FROM THE PRINCIPAL'S DESK:

Thought for the Week:

I don't know the key to success, but the key to failure is trying to please everybody. Bill Cosby.

Last Friday we held our school cross country. As usual it was a very successful event. The children all participated well and were encouraging to each other. Thank you to the parents who came along to support the children. Mrs Williams did a good job of organising the course and running the events. The following children were our age champions for 2008.

Age	Girls	Boys
5 year olds		Cooper Jones
6 year olds	Isabella Beattie	Kelsyn MacDonald
7 year olds	Jessica Sagers	Dane Whalley
8 year olds	Kelsey Hill	Isaac Macdonald
9 year olds	Naomi Freese	Connor Lister
10 year olds	Sarah Deakin	Baxter Hill
11 year olds	Lauren Clark	Scott Wright
12 year olds	Marlee Wendt	Glenn Retschlag

Anzac Day Trip

Today the students in years 3 – 7 attended the Anzac Day Observance Ceremony in Brisbane City at Anzac Square. Thank you to the parents that assisted with transportation to and from Ipswich Train station. The service included addresses by Her Excellency Ms Quentin Bryce AC, Governor of Queensland, The Honorary Mrs Anna Bligh, the Premier of Queensland and the Lord Mayor of Brisbane, Campbell Newman. Our school participated in the Wreath Laying during the ceremony. As usual, the children all demonstrated exemplary behaviour during this excursion.

School ANZAC Day Observance Ceremony

On Thursday 24th April (tomorrow) we are holding our own school Anzac Day Ceremony. As in previous years, we have special guests from the RAAF and Army joining us for this ceremony. The student leaders will be taking an active role in our service. Most children in year 3/4 and 5/6/7 will be speaking during the proceedings. Afterwards we will be having a morning tea for the special guests, parents and student leaders. Parents and community members are most welcome to join us. **As is tradition, our school captains will be laying a school wreath, and we would be very grateful for donations of flowers before school tomorrow, so that the wreath can be put together.** The flowers can be left in the staff room.

Long Weekend

This Friday is a public holiday to observe ANZAC day. Enjoy the chance to spend three days with your family.

Arts Council

Our next performance 'The Duck Catcher and Other Stories' will be on Monday 28th April. Thank you to those parents that have already sent in their green envelope with their money.

Brisbane Valley Small School Cross Country at Clarendon State School

On Friday 2nd May, the students will be participating in the Cross Country at Clarendon State School. The day begins at 9am. The students that participate in years 5 to 7 have a chance to represent the small schools at the

district event later in the term. If your child will be participating in this event please let us know before next Friday with the slip at the end of the newsletter. You will need to get your child/children there for the start of the day.

Life Education

As you know, the Life Education Van will be here at our school on Tuesday, 6th May. Life Education is a National Health and Drug Education Resource used by hundreds of primary schools throughout Australia. Research has identified the early primary school years as critical when establishing behavioural habits for later life. Adopting a harm minimisation approach, Life Education tackles these formative years, enabling children to discover the wonders of the human body in a secure and exciting environment. Cost is \$6 per child. Envelopes need to be returned to the school office by Monday, 5 May.

Bookclub

Any orders will need to be returned to the school office by Tuesday, 6th May.

Joke of the Week:
'What starts with a P and ends with an E & has millions of letters in it?'
A Post Office!

Jump Rope for Heart 2008

As you know our school will be participating in this very worthwhile cause again this year. All children from Prep to Year 7 will be taking part in the activity. Permission / Sponsorship forms, which were attached to a newsletter before the holidays will need to be returned prior to the 'jump off' which is Friday, 9th May. If you have any queries, please see Mr Ross, who is organising this event. In addition to providing great physical activity for the children and raising much needed funds for the Heart Foundation, we have also registered our school for the Guinness Book of Records World Record Attempt (for children 8 years and older) and hope to have media coverage of the event. Our Federal Member of Parliament, Mr Peter Dutton and our State Member, Mr Wayne Wendt will be attending.

School Nurse

Our school nurse will be visiting us soon. Students can be referred for eyesight and hearing screening by staff and parents. We aim to have each of our students screened at least once if not twice during their primary school years. If you would like your student to be screened, please obtain a referral form from the office. If your student brings home a form, please sign and return to the school. If you have any concerns or queries about referrals please see your class teacher of the principal.

TENNIS We have a qualified tennis coach visiting our school each Friday morning this term. Lessons will be from 8am – 8.45am, at a cost of \$10 per child per week. Money is paid directly to the coach. These lessons will continue each Friday (except for Anzac Day 25th April) for this term. We have a total of 10 children who have indicated that they wish to participate in tennis lessons, making it viable for the coach to come to our school.

Every Minute on Earth (*facts that happen every 60 seconds*)

Wow! Did you see that shooting star? Shooting stars are really not stars at all, but meteoroids that enter Earth's atmosphere. Thousands of meteoroids are striking the atmosphere every minute of the day and night.

National testing for Years 3, 5, 7 and 9

On 13, 14 and 15 May more than 200 000 students across Queensland will take part in the first national literacy and numeracy tests. The tests will see all students in Years 3, 5, 7 and 9 sitting the same tests as their interstate counterparts, replacing the previous state-based tests. It is also the first time Queensland Year 9 students are involved in the testing. The test results will provide useful information about how all state and non-state school

Dates to mark in your calendar:

This Week

Wed 23 April Year 3 – 7 Trip to Anzac Ceremony in Brisbane.
Thurs 24 April Anzac Day Ceremony 10am
Mon 28 Apr Arts Council 9.50am

Next Week

Fri 2 May BVSSSA Cross Country at Clarendon SS
Tues 6 May Life Education Van

Coming Soon

Fri 9 May Lockyer District Cross Country Jump Rope for Heart (World Record Attempt)
May 14-16 National Literacy and Numeracy Testing
Fri May 16 Year 7 Academic Challenge at Faith Lutheran College

Later On

Wed May 28 Lowood High EXPO
Fri May 29 UNSW Science Test
Fri May 29 Moreton Region Cross Country
Thurs 5 June CWA Morning Tea
Fri 6 June 'Power of One' Presentation
Thurs 12 June GVSS Sports Day
June 16 – 20 Year 6/7 Camp to Canberra
Mon 23 June BVSSSA ½ Sports Day (Discus, 800m, 200m)
Thur 26 June BVSSSA Sports Day at Mt Tarampa
Thurs 17 July Year 6 Academic Challenge at Faith Lutheran College
Fri 25 July Lockyer District Athletics Carnival
Tues 29 July UNSW Mathematics Test
Mon 4 August Arts Council 9am
Tues 12 August UNSW English Test
Sat 13 Sept Country Fair
Mon 13 Oct Arts Council 9am
Thurs 20 Nov Prep-Yr 5 Underwater World Camp

students are performing in literacy and numeracy at their year level in comparison to their peers across Australia. The literacy assessment will focus on areas of reading, writing, spelling, punctuation and grammar while the numeracy testing will cover measurement, chance and data, space, working mathematically, algebra function and pattern. Results from the tests will be used for reports to parents, school reporting to their communities, and reporting by states and territories to form a national overview. The tests will also help teachers identify key areas for learning during the rest of the school year. While it's important that students perform at their best, it's also important that students are not unduly stressed. Here are some general tips for beating test nerves:

- Get at least eight hours sleep
- Take time out from test preparation to do something relaxing and enjoyable
- Exercise and eat healthy meals regularly
- Develop a time management plan for studying
- Ask an older sibling or friend who has been through tests to give some tips on how to study
- If feeling anxious, take a few moments to breathe deeply.

For more information on the national testing, visit www.qsa.qld.edu.au

COMMUNITY NOTICES

Lowood Hairstylists & Barber Shop 75 Main Street, Lowood. Phone: 54261434. Family hairdressing, hair extensions, ear piercing, body waxing, make-up, fashion and casual hats and bags. April specials: Colour your hair – short hair \$43, eyebrow wax \$5, eyelash tint \$8.

Bike Repairs Selling second hand bikes and parts. All bike repairs done promptly. Phone Eric on 54262470 or call at 8 Park Street, LOWOOD.

Brisbane Model Train Show RNA Showgrounds – Bowen Hills, Saturday, 3rd May 9am -5pm, Sunday, 4th May 9am – 5pm, Monday, 5th May 9am – 4pm. Trains of all types and sizes. This is a great day out for the whole family. The largest train show in Australia with train rides, steam trains for your backyard, special interactive displays, trade and information displays. Food and drinks. Adults \$10, Concession \$8, Children (5-15) \$5.

Fashion Parade Wedding gowns and formal wear by Mardie. Saturday, 10th May 7pm at the Lowood Lutheran Hall. Proceeds will benefit residents of Glenwood Hostel. Admission cost includes coffee and dessert. Adults \$7, High School Students \$3.50. Lucky door prizes and entertainment. Enquiries to Audrey on 0408 624991.

Marburg Melon Match If you are a skilled horse rider, why not nominate and be part of the Marburg Melon Match. This is a new feature we are introducing at this year's Marburg Show (2nd & 3rd May 2008) and with your support we hope to make it a regular event. The contest: Horse & rider will be pitted against a challenger, both with the same starting point. From this point they will have to dismount and return to the commencement point. One contest for all entrants – male and female, any age. No entry fee. It's a challenge like no other – be part of it. Calling for nominations now. Cash prizes for Champion & Runner Up - sponsored by Marburg Show Society. The Encouragement Award is sponsored by Mark Sherlock. Contact Keith Abraham 54266133; Mal Sprenger 54644457 or 0412186689.

Play School Concert Songs, stories and games. It's Play School live in Concert, featuring two presenters plus the toys from the popular television show. This new 40 minute show is full of active participation. Friday, 30th May at the Ipswich Civic Centre. All tickets \$12 (Adults at children's prices. Under 12 months free). Bookings essential. Call Kids Promotions on 1300788028 (\$5.50 processing fee per booking for phone bookings). Tickets also on sale from Gallery Newtown, 176 Brisbane Street, Ipswich (opposite Old Flour Mill) – cash sales only.

NRL Footy Tipping Competition

Name	Round 6	TOTAL
Bad Boy	5	26
Bee Knees	4	30
Chenomies	6	29
Jim Bob	6	27
Quikick	7	30
The Cruisers	5	32
The Magic Men	7	31
The Pretenders	5	28
Tornado	6	28

Thank you to those families who ordered your own copy of the SEQ Snake Guide. We did receive an anonymous order, so if you sent an order in, but haven't received your book yet, please see Gay in the Office.

Wanted! Have you got any old calendars at home which depict floral designs or landscapes? If you no longer have any use for them, Mrs Ness would be very grateful if you sent them along to school for use during Art lessons.

Happy Birthday! To Taleah McMullen and Ethan Zahnow who celebrate their special day this week.

Fashion Sale! Shelly's Passion 4 Fashion, stocking ladies and men's fashion are having a huge summer clearance with 50% off all summer stock. 20% off winter clothing, Bullzye – Mens and Ladies clothing, Fashion Wrangler, Akubra, fashion hats, shoes, handbags & jewellery. 20% off all kids tracksuits, pj's and clothing. 20% off Formal wear, Mother of the Bride/Groom, Race day / evening wear. Sale starts this Saturday, 26th April till the 4th May. \$5 and \$10 clearance racks – lots and lots of genuine bargains. Support local small business!!

Coominya Heritage Group You are invited to the unveiling of the second heritage mural "The Coominya Cut – 1920's", celebrating the historic timber industry of Coominya & District. Saturday 24th May at 10am at Edith Maud Park, beside the Bellevue Homestead, 1 West Road, Coominya (opposite Coominya Hotel) and afterwards in the grounds of the homestead for heavy horse demonstrations, camels, sulky rides, coach rides, art, crafts, jewellery/lapidary, patchwork/winter gear, cow milking, butter churning, local produce, farmhouse cheese & gelato, BBQ food, damper, billy tea, coffee, cold drinks. Scheduled tours of the homestead - \$5 adult – children free. Further information phone Beth Anderson 54264559. Many thanks to Western Corridor Recycled Water Community Grants.

Dru Yoga (a fresh, positive and complete approach to health and well being). New classes in Gatton and Fernvale. Dry Yoga is easy to do and suitable for everyone regardless of your age, fitness levels or gender. Come and try it! Bring a yoga mat / towel / cushion and wear stretchy clothing. Sue Stubbs is an experienced instructor of 16 years and will be commencing classes at the Fernvale Futures Complex on Wednesday 7, 14 and 21 May from 6pm – 7.30pm \$10 per class or \$25 if all classes booked. Bookings and enquiries phone the Fernvale Futures Complex on 54270085 or Sue on 0410541602 or check out the website: www.bodyheartmind.com.au

Valley FM 95.9 Rave Awards Time is running out for all talent to shine on Valley FM 95.9 for this year's RAVE Awards. \$1500 worth of prize money, no age limit, EVERYONE welcome, open to all amateurs. If you can sing, recite poetry, play a musical instrument or do anything that can be broadcast on radio then you must enter this year's RAVE Awards. Get your entry form from the school office or at any regional library, post office, visitor information centre, Toogoolawah newsagency and Valley FM. Closing date Friday 30th May. For more info phone 0417 773723.

National Health & Wellbeing Program for Australian Children www.1Seven.com.au Check out this great website for practical assistance including:

Healthy eating menus and suggestions to help with the daily task of filling lunch boxes;

Online resources that offer guidance for parents on how to be healthy role models for their children and how families can lead healthier lifestyles.

Physical activity and nutrition sheets made available in various languages.

Information about getting involved in introductory sporting programs, such as NAB AFL Auskick and Net Set GO!

Behaviour Code

Thank you to the response that we have received about the introduction of our behaviour code. Respect, Responsibility, Honesty and Consideration have been explained further for your information.

Respect

Respect is an attitude of caring about people and treating them with dignity. Respect is valuing others and ourselves. We show respect by speaking and acting with courtesy or politeness. When we are respectful we treat others as we want to be treated. Respect includes honouring rules which make life more orderly and peaceful. It is knowing that everyone deserves respect.

You show respect by:

- Treating others as you want to be treated.
- Speaking courteously to everyone.
- Taking special care of other people's belongings.
- Honouring rules.
- Treating yourself well.

Responsibility

Responsibility is that others can depend on you. You are willing to be accountable for your actions. When things go wrong and you make a mistake, you make amends instead of excuses. When you are responsible, you keep your agreements or word. You give your best to any job. Responsibility is the ability to respond ably. It is a sign of growing up.

You show responsibility by:

- Responding ably by doing things to the best of your ability.
- Being willing to do your part.
- Admitting mistakes without making excuses.
- Willing to make amends.
- Learning from your mistakes.
- Giving your best to whatever you do.
- Keeping your work to do something.

Honesty

Honesty is being open, trustworthy and truthful. When people are honest, they can be relied on not to lie, cheat or steal. Honest is telling the truth. It is admitting mistakes even when you know someone might be angry or disappointed. Being honest means that you do not pretend to be something you are not. With honesty, you can trust things to be as they appear.

You show honesty by:

- Refusing to lie, cheat or steal.
- Accepting yourself.
- Doing what you know is right.
- Admitting your mistakes.
- Telling the truth.
- Being kind and tactful when necessary.
- Keeping your promises.

Consideration

Consideration is being thoughtful about other people and their feeling. It is thinking about how your actions affect them and caring about how they feel. It is paying attention to what other people like and do not like, and doing things that give them happiness.

You show consideration by:

- Respecting other people’s needs and feelings.
- Considering other’s needs as important as your own.
- Stopping and thinking about how your actions will affect others.
- Putting yourself in other people’s shoes.
- Thinking of little things to bring others happiness.

One point that was not indicated last week is that children will skip the initial steps depending on the severity of the behaviour and go straight down to contact parents through letter and phone calls.

BVSSSA Cross Country – Clarendon SS

My child,

- Will be participating in the Cross Country competition at Clarendon State School on Friday, 2 May.
- I am able to transport him / her to and from Clarendon in time for a 9am start.

- Will not be able to participate

Signature of Parent:

What's going on ... Cross Country

